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**NEPTUNE IN MEDICAL ASTROLOGY**  
by Diane Cramer

***Neptune keywords and associations:***

- Amnesia
  - Coma
  - Drugs
  - Liquor
  - Gases
  - Diffuser
  - Dissolver
  - Leaks
  - Pineal gland
  - Water balance
  - Disguises
- Issues around:
- Immune system
  - Allergies
  
  - Mental issues
  - 12<sup>th</sup> house issues

**Neptune's domain includes:** gas leaks, viruses, hidden poisons, contagious illness and psychic suggestion, hypnosis, fatigue, sleeping.

**Strong Neptune in chart:**

- Drug sensitive
- More susceptible to pollution
- Toxic metals
- Alcoholism/addiction
- Obscure diseases difficult to diagnose
- Need more Vitamin A and C for the immune system
- Potassium for acid/alkaline imbalance which can be unstable in Neptune individuals
- Hallucination, schizophrenia, other psychoses
- May need more sleep, meditation, aromatherapy and homeopathy
- Prayer
- Water therapies
- Spiritual or faith healing especially Mars Neptune combinations

**Neptune rules Pisces:**

A weak Piscean can become prone to emotional disorders, confusion, fatigue and depression. Pisces is strongly affected by the people around them and so need to pick good, healthy friends to augment and strengthen them.

*Pisces linked to feet and immune system.* Immune system can be depleted by both physical and emotionally toxic situations. If Pisces associates primarily with negative and cynical people, it can have a harmful impact on their immune system, which in turn will cause them to fall sick more often.

Need frequent periods of rest and isolation to avoid outside stimuli and to recharge their batteries. Pisceans also need an outlet for their creative and imaginative side.

**Useful Remedies for Pisces:**

Herbal treatment, reflexology (not for foot problem). Need rhythmic exercise – dancing, swimming.

- Meditation.
- Iron rich foods
- Kelp - source of iron
- Irish Moss – a Pisces herb - has iron and iodine, useful for Pisces complaints
  
- Live near water.
- Walking
- Meditation

**Diet:**

Cucumbers, almonds, melon - muskmelon and cantaloupe - aids in balancing system, raisins, dates, raspberries, apricots, pineapple, cereal or whole grains

**NEPTUNE TRANSITS**

Neptune transits can open up higher centers and can attune to violets and blue-violets. Indigo/violet, purple. Wear these colors. Aids in reaching spiritual aspirations. Color for balance.

Neptune is the planet of sleep and its transits to important planets produce drowsiness Neptune confuses and clouds any issue, making correct diagnosis problematic. According to Marcia Starck, Neptune transits make a person more open psychically and affect the immune system with possible allergies or low blood sugar. Utilizing extra potassium, flower remedies such as clematis or lotus or the crystals amethyst, fluorite or sugilite would be helpful

- More susceptible to toxins
- Greater tendency to disease and infection
- Symptoms difficult to diagnose
- Malfunction in the metabolism
- May be too open and vulnerable and be harmed by exterior conditions
- Spaced out or ungrounded

Sensitivity to the outside world makes one feel more reclusive during Neptune transits and often one builds up anxieties and fears. The wearing of crystals and other gems may prove helpful in neutralizing any negative energy. Take additional protective measures in doing any kind of healing work or spiritual readings – space clearing – gongs, sage.

Use caution in use of drugs, chemicals or alcohol. Habit patterns that are started during Neptune transits may be difficult to break.

Treat as much as possible with natural substances.

Neptune in aspect to Moon, Ascendant or MC may be helped by aromas ruled by Mercury: clary sage, myrrh for assistance in clear thinking.

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