

Staying Alive & Healthy

with Astrology

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INTRODUCTION

Welcome! You are always told ahead of time the title of the conference so you can tell them your topic. This conference is called “Being Alive,” and I always like to fit my lecture to the topic of the conference. So I called this “Staying Alive” because you can’t be alive and well if you have a lot of health problems. You can’t enjoy your love life or have a good day at work when you are sick. So I thought, let’s see if I can come up with information to tell you what to look for in a chart to stay healthy. I came up with three categories: addictions, weaknesses and stressors.

Within these categories we will talk about a lot of different things. Weaknesses are what we look for in the chart, the weak spots. Various stressors add to our problems and undermine our health. Those are the things we can do something about through awareness. The one thing I don’t think you can do anything about is genetics, which you may see in the chart by an angular Pluto. It is my experience that Pluto has something to do with genetics and with being born with a certain health problem.

We are asking the questions, “What can I do to help myself” or “Can I help myself?” Yes, to a certain extent you can help yourself, except for genetic problems such as diseases like MS; diseases that people are born with. It appears that some problems can even be caused by the birth process. It can be a lack of oxygen or something goes wrong with the delivery. These things you cannot do much about.

DID YOU KNOW THAT...

If you don’t know your chart, you’re missing out on some important information about your life. Get an astrologer to calculate it for you. Visit dianecramer.com for more info.

NOTE: This is a transcript of a lecture given at a conference of the National Council on Geocosmic Research (NCGR). It has been edited for consistency and clarity.

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Always consult with a licensed health care practitioner when you have a medical condition that requires attention.

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MEDICAL ASTROLOGY

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feet. The throat is Taurus, the hands and arms Gemini, Cancer the stomach, etcetera. You go right down your body—Sagittarius rules the hips, ankles are Aquarius. Now it isn't quite that simple as there is also circulation and all sorts of things, but it is a start. So you start with Aries as the head, Taurus as the throat and you find you have Saturn in Taurus, where might you have a problem—the throat. I wish it were that simple because you can have gum problems too with Saturn in Taurus. Each sign has a function in the body. But briefly, this should help you.

Aries is opposite Libra so with Saturn in Aries you could also have weakened kidney action. The polarities work! If you have an Aries problem you could have a problem in that sign or in the opposite sign of Aries which is Libra. So Saturn in Aries at its worst is a stroke. And there are ways of eating to help prevent strokes, a low fat diet especially if strokes run in your family. This is why people don't come to medical astrology lectures because they don't want to hear this stuff. Don't take it too seriously though. These are worst case scenarios.

The Significance of Polarity

AUDIENCE: *Why does the polarity work?*

DC: Because there are cardinal, fixed and mutable types of illnesses. We are going to get to that. Medical astrology can be simplified into the three crosses. And the three crosses—as you can see Aries is opposite Libra—afflictions in these signs can give you a particular type of illness and they can include any of the four signs of the cardinal cross. And then you have to learn what is a cardinal type of illness. That would be related to the head, kidneys, stomach and breasts. And that is the reason for the polarity working—any of the four signs of the cardinal cross can describe a cardinal type of illness. We will talk about this in more detail later.

So, if you have a problem in Taurus—throat problems; we are talking Saturn and Neptune. You may notice that if you have Saturn in Taurus that the first thing that happens to you when you are stressed out is that you get a sore throat or lose your voice. Or you could have choking problems, choking on food for instance. That sort of thing is related to Saturn in Taurus. And because Taurus is opposite Scorpio, constipation also.

REMEMBER...

There are cardinal, fixed and mutable types of illnesses. Medical astrology can be simplified into the three crosses. Aries opposite Libra, Cancer opposite Capricorn is one of them. Afflictions in these signs can give you a particular type of illness and they can include any of the four signs of the cardinal cross.