

# Predictions & Your Health

## in Medical Astrology



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### INTRODUCTION

In this lecture we will combine predictive techniques with the use of homeopathy and cell salts. Recently I began studying homeopathy, which matches disease symptoms with the remedy. I did this because when my first book was republished—*How To Give An Astrological Health Reading*—the AFA<sup>1</sup> asked me to write a chapter on homeopathy.

When you use homeopathic remedies, you have to take into account the symptoms as well as the underlying problem. Let's say you are getting a Saturn-Neptune combination by transit. That could cause a lot of anxiety. So you look up in a book of homeopathic remedies the word "anxiety" and it will list a remedy. Boiron puts out a free booklet of various symptoms.<sup>2</sup> You can also find homeopathic remedies that are intended to treat symptoms such as anxiety in health food stores. There are hundreds of remedies which combine various symptoms but today we are just doing it in a general way. You need a homeopathic practitioner for more help. But when you are looking at your own particular symptoms to try to pick a remedy, you will find it can be as specific as stating that the symptoms are improved by fresh air and worsened by heat or vice versa. Or it is worse in the morning and better in the afternoon, etcetera. This is how detailed homeopathy gets.

How many people here know anything about homeopathy? You might know more than I do. I don't claim to be a homeopathic practitioner or an herbalist. But I will teach you what I have

### DID YOU KNOW THAT...

The difference between homeopathy and allopathy, which is traditional medicine, is that allopathy seeks to suppress and homeopathy seeks to stimulate the symptoms.

**NOTE:** This is a transcript of a lecture given at a conference of the National Council on Geocosmic Research (NCGR). It has been edited for consistency and clarity.

1 American Federation of Astrologers, Inc.

2 [www.boiron.com](http://www.boiron.com)

Please read the disclaimer at the end of this article for important information.

Always consult with a licensed health care practitioner when you have a medical condition that requires attention.

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The next one is *Natrium Muriaticum* which is the cell salt for Aquarius. Hydration in the body. It puts the moisture back in your cells—it regulates the moisture between the cells. It also controls the amount of hydrochloric acid that enters the body during digestion. You need hydrochloric acid in your stomach to digest food. *Natrium Muriaticum* appears to help even in cases of sunstroke. If you are out in the sun and become dehydrated, this would be the cell salt to take. It is considered a water distributor in the body.

We have one left. *Ferrum Phosphate* is the cell salt for Pisces. This helps increase hemoglobin so it has to do with the iron content of the blood. It builds blood vessels. It is considered a healer—for a cough, cold or chill. Anything that ends in “itis” according to the late medical astrologer Dr. William Davidson is helped by Ferrum Phos.

There are also food sources for the twelve cell salts. If you are getting your nutrition from food and don’t like taking supplements, you may as well know the food sources for the cell salts. The table below lists some of them. Also, the Jansky books listed below have a lot of additional information on the cells salts.

FOOD SOURCES FOR THE 12 CELL SALTS:	
<b>Kali Phos:</b>	green vegetables, potatoes, onions, apples and walnuts
<b>Nat Sulph:</b>	beet root, cauliflower, cabbage, spinach, cucumber and onion
<b>Kali Mur:</b>	oranges, peaches, plums, pears, tomatoes and sweet corn
<b>Calc Fluor:</b>	egg yolks, rye flour, most proteins and vegetables
<b>Mag Phos:</b>	whole wheat bread, barley and rye, apples, lettuce, cabbages, cucumbers, eggs, walnuts and fish
<b>Kali Sulp:</b>	carrots and most salad vegetables, whole wheat, rye and oats
<b>Nat Phos:</b>	watercress, carrots, spinach, peas, celery, beet root, apples, raisins, almonds, figs, and leeks
<b>Calc Sulph:</b>	onions, mustard, garlic, cauliflower, leeks, turnips, radishes, figs and prunes